



SUPERNOUGHT //
SHOCK SET UP - ROCKSHOX VIVID ULTIMATE DH

SHOCK SET UP



STEP 1



Turn the lock-out lever to the fully OPEN position (counter-clockwise).

STEP 2

To set the sag, push the shock o-ring all the way to the shock body and carefully sit on the bike wearing your riding kit and measure how far it has moved. For the Supernought, we recommend 28-30% sag (or 21 - 22.5mm of shaft insertion). Please reference the chart below for your recommended [air pressure] starting point in PSI. As you fine tune the way your Supernought feels on the trail, we'd recommend making small and incremental adjustments of 2 PSI.

STEP 3



Turn the Rebound adjuster [red ring] all the way to the closed position (full clockwise). Set the compression adjusters [blue rings] to their middle positions.

SHOCK SET UP



RIDER WEIGHT		SPRING WEIGHT	HIGH SPEED COMPRESSION	LOW SPEED COMPRESSION	REBOUND
LBS	KG	Lb/In	HSC *	LSC *	LSR **
120-130	54-59	165	-1	-1	16
130-140	59-63	175	-1	-1	15
140-150	63-68	185	0	0	14
150-160	68-73	195	0	0	14
160-170	73-77	205	0	0	13
170-180	77-82	215	0	0	12
180-190	82-86	225	0	0	12
190-200	86-91	235	0	0	11
200-210	91-95	245	0	0	10
210-220	95-100	255	0	0	9
220-230	100-104	265	0	0	8
230-240	104-109	275	0	0	8
240-250	109-113	285	0	0	7

*From mid-position

** From closed position

- Tune: R55 C30 - 2 Volume Spacers

- For more information on the [VIVID Ultimate](#).

- Compression adjustment is referenced from the mid-position (0). 2 clicks of adjustment are available in either direction, positive or negative from middle. A positive adjustment will provide heavier damping, a negative adjustment will provide lighter damping.