

DRUID CORE //
SHOCK SET UP GUIDE

ROCKSHOX VIVID AIR



STEP 1



Turn the lock-out lever to the fully **OPEN** position (counter-clockwise).

STEP 2

To set the sag, push the shock o-ring all the way to the shock body and carefully sit on the bike wearing your riding kit and measure how far it has moved.

For the **Druid CorE**, we recommend 32-35% sag (or 17.6-19.3mm of shaft insertion). Please reference the chart below for your recommended [air pressure] starting point in PSI. As you fine-tune the way your bike feels on the trail, we'd recommend making small and incremental adjustments of 2 PSI.

STEP 3







Turn the Rebound adjuster [red ring] and the Hydraulic Bottom Out (HBO) [purple adjuster] all the way to the closed position (full clockwise). Set the compression adjusters [blue rings] to their middle positions.

The recommended settings are shown on pg 02. Use this chart to determine your baseline settings.

ROCKSHOX SUPER DELUXE ULTIMATE



RIDER WEIGHT		SHOCK AIR PRESSURE	LOW SPEED REBOUND**	LOW SPEED COMPRESSION*	HIGH SPEED COMPRESSION*	НВО**
LBS	KG	PSI	LSR	LSC	HSC	
120-130	54-59	148 - 160	+1	-1	11	2
130-140	59-63	160 - 172	+1	-1	10	2
140-150	63-68	172 - 184	+1	-1	9	2
150-160	68-73	184 - 196	+1	-1	8	2
160-170	73-77	196 - 208	+1	-1	7	2
170-180	77-82	208 - 220	+1	-1	6	2
180-190	82-86	220 - 232	+1	-1	6	2
190-200	86-91	232 - 244	+1	-1	5	2
200-210	91-95	244 - 256	+1	-1	4	2
210-220	95-100	256 - 268	+1	-1	3	2
220-230	100-104	268 - 280	+1	-1	3	2
230-240	104-109	280 - 292	+1	-1	2	2
240-250	109-113	292 - 304	+1	-1	2	2

^{*}From mid-position

^{**} From closed position

⁻ Tune: R55 C26 - 4 Volume Spacers

⁻ For more information on the Vivid Air.

⁻ Compression adjustment is referenced from the mid-position (0). 2 clicks of adjustment are available in either direction, positive or negative from middle. A positive adjustment will provide heavier damping, a negative adjustment will provide lighter damping.