




REYA
SUSPENSION SETUP





IMPORTANT INFORMATION


SUSPENSION SETUP


Your weight, riding style and the trails you ride all factor into how you will want to set up your suspension. Personal preferences will determine the exact settings that will work best for you. If you don't have the necessary skills to set up your suspension, please refer to your local bike shop or authorized Forbidden dealer for professional help from a qualified person.

 **WARNING - Incremental Changes.**
Any bike's handling is highly influenced by each adjustment made to the fork or shock's adjustment dials. Please take it easy on your first test ride. To reduce the likelihood of crashing, make small incremental changes to your fork and shock settings. Make mental or physical notes as to where you are with your settings.

 **WARNING - Maximum Pressure Limits**
Do not exceed the maximum pressure limit of the manufacturer. Refer to the manufacturer's literature for more information.

 Do not compress suspension while shock pump is attached. We recommend always removing the shock pump before cycling the suspension as best practice.

 Measure shock sag in the seated position. The rider should slowly lower themselves on the bike seat until their feet just come off the floor. Stand up and measure the sag.




 Forbidden bikes sag under their own weight. To measure final suspension pressures,

- **Shock** pressure, lift the **rear** wheel off the floor
- **Fork** pressure, lift the **front** wheel off the floor



REYA, TIER 1

SUSPENSION SETUP

-  Do not compress suspension while shock pump is attached. We recommend always removing the shock pump before cycling the suspension as best practice.
-  Measure shock sag in the seated position. The rider should slowly lower themselves on the bike seat until their feet just come off the floor. Stand up and measure the sag.
-  Forbidden bikes sag under their own weight. To measure final suspension pressures,
 - **Shock** pressure, lift the **rear** wheel off the floor
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SHOCK, FOX FLOAT

RIDER WEIGHT		AIR PRESSURE (PSI)		REBOUND ¹	COMPRESSION ¹
LBS	KG	PLUSH 32% SAG / 14.4mm	FIRM 29% SAG / 13mm	LOW-SPEED	LOW-SPEED
125	56.8	106	109	10	1
135	61.4	114	118	9	1
145	65.9	123	127	8	1
155	70.5	131	135	7	1
165	75.0	140	144	7	1
175	79.5	148	153	6	1
185	84.1	157	162	5	1
195	88.6	165	170	5	1
205	93.2	174	179	4	1
215	97.7	182	188	4	1
225	102.3	191	196	3	1
235	106.8	199	205	3	1
245	111.4	208	214	2	1

FORK, FOX 34 SL GRIP X


RIDER WEIGHT		AIR PRESSURE (PSI)		REBOUND ¹	COMPRESSION ¹	
LBS	KG	PLUSH	FIRM	LOW-SPEED	LOW-SPEED	HIGH-SPEED
125	56.8	62	64	14	7	8
135	61.4	67	69	13	7	8
145	65.9	72	74	12	7	8
155	70.5	77	79	11	7	8
165	75.0	82	85	10	7	8
175	79.5	87	90	9	7	8
185	84.1	92	95	8	7	8
195	88.6	97	100	7	7	8
205	93.2	102	105	6	7	8
215	97.7	107	110	5	7	8
225	102.3	112	115	4	7	8
235	106.8	117	120	3	7	8
245	111.4	122	125	2	7	8


¹ CLICKS FROM CLOSED


REYA, TIER 2

SUSPENSION SETUP



 Do not compress suspension while shock pump is attached. We recommend always removing the shock pump before cycling the suspension as best practice.

 Measure shock sag in the seated position. The rider should slowly lower themselves on the bike seat until their feet just come off the floor. Stand up and measure the sag.

 Forbidden bikes sag under their own weight. To measure final suspension pressures,

- **Shock** pressure, lift the **rear** wheel off the floor
- **Fork** pressure, lift the **front** wheel off the floor

SHOCK, ROCKSHOX DELUXE ULTIMATE

RIDER WEIGHT		AIR PRESSURE (PSI)		REBOUND ¹	COMPRESSION ²
LBS	KG	PLUSH 32% SAG / 14.4mm	FIRM 29% SAG / 13mm	LOW-SPEED	LOW-SPEED
125	56.8	132	136	9	0
135	61.4	143	147	8	0
145	65.9	154	158	7	0
155	70.5	164	169	6	0
165	75.0	175	180	6	0
175	79.5	185	191	5	0
185	84.1	196	202	5	0
195	88.6	207	213	4	0
205	93.2	217	224	4	0
215	97.7	228	235	4	0
225	102.3	238	246	3	0
235	106.8	249	257	3	0
245	111.4	260	267	2	0

FORK, ROCKSHOX PIKE ULTIMATE

RIDER WEIGHT		AIR PRESSURE (PSI)		REBOUND ¹	COMPRESSION ²	
LBS	KG	PLUSH	FIRM	LOW-SPEED	LOW-SPEED	HIGH-SPEED
125	56.8	54	56	18	0	(-)1
135	61.4	59	60	17	0	(-)1
145	65.9	63	65	15	0	(-)1
155	70.5	67	69	14	0	(-)1
165	75.0	72	74	13	0	(-)1
175	79.5	76	78	11	0	(-)1
185	84.1	80	83	10	0	(-)1
195	88.6	85	87	9	0	(-)1
205	93.2	89	92	7	0	(-)1
215	97.7	93	96	6	0	(-)1
225	102.3	98	101	5	0	(-)1
235	106.8	102	105	3	0	(-)1
245	111.4	106	110	2	0	(-)1


¹ CLICKS FROM CLOSED


² CLICKS FROM MIDDLE




REYA, TIER 3

SUSPENSION SETUP

 Do not compress suspension while shock pump is attached. We recommend always removing the shock pump before cycling the suspension as best practice.

 Measure shock sag in the seated position. The rider should slowly lower themselves on the bike seat until their feet just come off the floor. Stand up and measure the sag.

 Forbidden bikes sag under their own weight. To measure final suspension pressures,

- **Shock** pressure, lift the **rear** wheel off the floor
- **Fork** pressure, lift the **front** wheel off the floor

SHOCK, ROCKSHOX DELUXE SELECT+

RIDER WEIGHT		AIR PRESSURE (PSI)		REBOUND ¹
LBS	KG	PLUSH 32% SAG / 14.4mm	FIRM 29% SAG / 13mm	LOW-SPEED
125	56.8	132	136	9
135	61.4	143	147	8
145	65.9	154	158	7
155	70.5	164	169	6
165	75.0	175	180	6
175	79.5	185	191	5
185	84.1	196	202	5
195	88.6	207	213	4
205	93.2	217	224	4
215	97.7	228	235	4
225	102.3	238	246	3
235	106.8	249	257	3
245	111.4	260	267	2

FORK, ROCKSHOX PIKE SELECT+

RIDER WEIGHT		AIR PRESSURE (PSI)		REBOUND ¹	COMPRESSION ²	
LBS	KG	PLUSH	FIRM	LOW-SPEED	LOW-SPEED	HIGH-SPEED
125	56.8	54	56	18	0	(-)1
135	61.4	59	60	17	0	(-)1
145	65.9	63	65	15	0	(-)1
155	70.5	67	69	14	0	(-)1
165	75.0	72	74	13	0	(-)1
175	79.5	76	78	11	0	(-)1
185	84.1	80	83	10	0	(-)1
195	88.6	85	87	9	0	(-)1
205	93.2	89	92	7	0	(-)1
215	97.7	93	96	6	0	(-)1
225	102.3	98	101	5	0	(-)1
235	106.8	102	105	3	0	(-)1
245	111.4	106	110	2	0	(-)1

¹ CLICKS FROM CLOSED

² CLICKS FROM MIDDLE